

PATIENT HEALTH QUESTIONNAIRE

PATIENT NAME: _____ DATE: _____

1. WHAT ARE YOU BEING SEEN FOR TODAY?: _____
 DESCRIBE YOUR SYMPTOMS AND WHEN THEY BEGAN: _____

2. HOW OFTEN DO YOU EXPERIENCE YOUR SYMPTOMS?
1. CONSTANTLY (76-100% OF THE DAY)
 2. FREQUENTLY (51-75% OF THE DAY)
 3. OCCASIONALLY (26-50% OF THE DAY)
 4. INTERMITTENTLY (0-25% OF THE DAY)

3. WHAT DESCRIBES THE NATURE OF YOUR SYMPTOMS?
1. SHARP
 2. DULL ACHE
 3. NUMB
 4. SHOOTING
 5. BURNING
 6. TINGLING

4. HOW ARE YOUR SYMPTOMS CHANGING?
1. GETTING BETTER
 2. NOT CHANGING
 3. GETTING WORSE

5. DESCRIBE YOUR SYMPTOMS AT THEIR:
- | | NONE | | | | | | | | | | UNBEARABLE |
|-----------|------|---|---|---|---|---|---|---|---|---|------------|
| A. WORST: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| B. BEST: | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |

6. HOW DO YOUR SYMPTOMS AFFECT YOUR ABILITY TO PERFORM DAILY ACTIVITIES?
- | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---------------|------|------------------------------------|---|---|---|----------------------------------|---|---|---------|------------------------------|
| NO COMPLAINTS | MILD | MODERATE, INTERFERES WITH ACTIVITY | | | | LIMITING, PREVENTS FULL ACTIVITY | | | INTENSE | SEVERE, NO ACTIVITY POSSIBLE |

7. ACTIVITIES THAT MAKE SYMPTOMS WORSE: _____

8. ACTIVITIES THAT MAKE SYMPTOMS BETTER: _____

9. WHO HAVE YOU SEEN FOR YOUR SYMPTOMS?
- | | | |
|-----------------------|-----------------------|----------|
| 1. NO ONE | 3. MEDICAL DOCTOR | 5. OTHER |
| 2. OTHER CHIROPRACTOR | 4. PHYSICAL THERAPIST | |

A. WHEN AND WHAT TREATMENT? _____

B. HAVE YOU HAD ANY OF THE FOLLOWING?:

1. X-RAY	DATE: _____	3. CT SCAN	DATE: _____
2. MRI	DATE: _____		

10. HAVE YOU HAD SIMILAR SYMPTOMS IN THE PAST?
- A. IF YES, WHO DID YOU SEE?
- | | | |
|-----------------------|-----------------------|----------|
| 1. YES | 2. NO | |
| 1. THIS OFFICE | 3. MEDICAL DOCTOR | 5. OTHER |
| 2. OTHER CHIROPRACTOR | 4. PHYSICAL THERAPIST | |

11. WHAT DO YOU HOPE TO GET FROM YOUR VISIT/TREATMENT?
- | | | |
|-------------------------|---|-------------------------------|
| 1. REDUCE SYMPTOMS | 3. EXPLANATION OF CONDITION/TREATMENT | 5. HOW TO PREVENT REOCCURANCE |
| 2. RESUME/INC. ACTIVITY | 4. LEARN TO TAKE CARE OF THIS ON MY OWN | 6. _____ |

PATIENT SIGNATURE: _____ DATE: _____

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PATIENT NAME: _____ DATE: _____

WHAT TYPE OF REGULAR EXERCISE DO YOU PERFORM? 1. NONE 2. LIGHT 3. MODERATE 4. STRENUOUS

WHAT IS YOUR HEIGHT AND WEIGHT? HEIGHT: _____ FEET INCHES WEIGHT: _____ LBS.

DO YOU WEAR ORTHOTICS? Y N ARE YOU INTERESTED IN CUSTOM MADE ORTHOTICS? Y N

FOR EACH CONDITION LISTED BELOW, PLACE A CHECK IN THE PAST COLUMN IF YOU HAVE HAD THE CONDITION IN THE PAST. IF YOU PRESENTLY HAVE A CONDITION LISTED BELOW, PLACE A CHECK IN THE PRESENT COLUMN.

PAST	PRESENT		PAST	PRESENT		PAST	PRESENT	
<input type="checkbox"/>	<input type="checkbox"/>	HEADACHES	<input type="checkbox"/>	<input type="checkbox"/>	HIGH BLOOD PRESSURE	<input type="checkbox"/>	<input type="checkbox"/>	DIABETES
<input type="checkbox"/>	<input type="checkbox"/>	NECK PAIN	<input type="checkbox"/>	<input type="checkbox"/>	HEART ATTACK	<input type="checkbox"/>	<input type="checkbox"/>	EXCESSIVE THIRST
<input type="checkbox"/>	<input type="checkbox"/>	UPPER BACK PAIN	<input type="checkbox"/>	<input type="checkbox"/>	CHEST PAINS	<input type="checkbox"/>	<input type="checkbox"/>	FREQUENT URINATION
<input type="checkbox"/>	<input type="checkbox"/>	MID BACK PAIN	<input type="checkbox"/>	<input type="checkbox"/>	STROKE			
<input type="checkbox"/>	<input type="checkbox"/>	LOW BACK PAIN	<input type="checkbox"/>	<input type="checkbox"/>	ANGINA	<input type="checkbox"/>	<input type="checkbox"/>	SMOKING/TOBACCO USE
						<input type="checkbox"/>	<input type="checkbox"/>	DRUG/ALCOHOL DEPENDENCE
<input type="checkbox"/>	<input type="checkbox"/>	SHOULDER PAIN	<input type="checkbox"/>	<input type="checkbox"/>	KIDNEY STONES			
<input type="checkbox"/>	<input type="checkbox"/>	ELBOW/UPPER ARM PX	<input type="checkbox"/>	<input type="checkbox"/>	KIDNEY DISORDERS	<input type="checkbox"/>	<input type="checkbox"/>	ALLERGIES
<input type="checkbox"/>	<input type="checkbox"/>	WRIST PAIN	<input type="checkbox"/>	<input type="checkbox"/>	BLADDER INFECTION	<input type="checkbox"/>	<input type="checkbox"/>	DEPRESSION
<input type="checkbox"/>	<input type="checkbox"/>	HAND PAIN	<input type="checkbox"/>	<input type="checkbox"/>	PAINFUL URINATION	<input type="checkbox"/>	<input type="checkbox"/>	SYSTEMIC LUPUS
			<input type="checkbox"/>	<input type="checkbox"/>	LOSS OF BLADDER CONTROL	<input type="checkbox"/>	<input type="checkbox"/>	EPILEPSY
<input type="checkbox"/>	<input type="checkbox"/>	HIP/UPPER LEG PX	<input type="checkbox"/>	<input type="checkbox"/>	PROSTATE PROBLEMS	<input type="checkbox"/>	<input type="checkbox"/>	DERMATITIS/ECZEMA/RASH
<input type="checkbox"/>	<input type="checkbox"/>	KNEE/LOWER LEG PX				<input type="checkbox"/>	<input type="checkbox"/>	HIV/AIDS
<input type="checkbox"/>	<input type="checkbox"/>	ANKLE/FOOT PAIN	<input type="checkbox"/>	<input type="checkbox"/>	ABNORMAL WEIGHT GAIN/LOSS			
			<input type="checkbox"/>	<input type="checkbox"/>	LOSS OF APPETITE			
<input type="checkbox"/>	<input type="checkbox"/>	JAW PAIN	<input type="checkbox"/>	<input type="checkbox"/>	ABDOMINAL PAIN	<input type="checkbox"/>	<input type="checkbox"/>	FEMALES ONLY
			<input type="checkbox"/>	<input type="checkbox"/>	ULCER	<input type="checkbox"/>	<input type="checkbox"/>	BIRTH CONTROL PILLS
<input type="checkbox"/>	<input type="checkbox"/>	JOINT SWELLING/STIFF	<input type="checkbox"/>	<input type="checkbox"/>	HEPATITIS	<input type="checkbox"/>	<input type="checkbox"/>	HORMONAL REPLACEMENT
<input type="checkbox"/>	<input type="checkbox"/>	ARTHRITIS	<input type="checkbox"/>	<input type="checkbox"/>	LIVER/GALLBLADDER DISORDER	<input type="checkbox"/>	<input type="checkbox"/>	PREGNANCY
<input type="checkbox"/>	<input type="checkbox"/>	RHEUMATOID ARTHRITIS						
<input type="checkbox"/>	<input type="checkbox"/>	GENERAL FATIGUE	<input type="checkbox"/>	<input type="checkbox"/>	CANCER	<input type="checkbox"/>	<input type="checkbox"/>	OTHER HEALTH PROBLEMS/ISSUES
<input type="checkbox"/>	<input type="checkbox"/>	MUSCULAR INCOORDINATION	<input type="checkbox"/>	<input type="checkbox"/>	THYROID	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	VISUAL DISTURBANCE	<input type="checkbox"/>	<input type="checkbox"/>	ASTHMA	<input type="checkbox"/>	<input type="checkbox"/>	_____
<input type="checkbox"/>	<input type="checkbox"/>	DIZZINESS	<input type="checkbox"/>	<input type="checkbox"/>	CHRONIC SINUSITIS	<input type="checkbox"/>	<input type="checkbox"/>	_____

INDICATE IF AN IMMEDIATE FAMILY MEMBER (PARENT OR SIBLING) HAS HAD ANY OF THE FOLLOWING:

RHEUMATOID ARTHRITIS HEART PROBLEMS DIABETES CANCER LUPUS _____

LIST ALL PRESCRIPTION AND OVER-THE-COUNTER MEDICATIONS, AND NUTRITIONAL/HERBAL SUPPLEMENTS YOU ARE TAKING:

LIST ALL SURGICAL PROCEDURES YOU HAVE HAD AND ANY TIMES OF HOSPITALIZATION:

PATIENT SIGNATURE: _____ DATE: _____

ADDITIONAL COMMENTS

AUTHORIZATION TO RELEASE INFORMATION

_____ I AUTHORIZE BODYWISE CHIROPRACTIC PLLC TO RELEASE ALL INFORMATION RELATED TO THE CARE I RECEIVE TO MY HMO, INSURANCE COMPANY, THIRD PARTY PAYOR, OR THEIR DESIGNEE, AS MAY BE NECESSARY FOR THE PAYMENT OF MY BILL, DETERMINING BENEFITS, OR FOR UTILIZATION AND QUALITY REVIEW PURPOSES.

INFORMATION ABOUT POSSIBLE RISKS OF TREATMENT

APPROPRIATE TESTS WILL BE DONE TO IDENTIFY ANY CONTRAINDICATIONS TO CHIROPRACTIC MANIPULATIVE THERAPY PRIOR TO ANY TREATMENT, AND YOU WILL BE NOTIFIED IF THIS IS THE CASE. IF YOU HAVE ANY QUESTIONS, PLEASE ASK DR. BENNETT.

AS WITH ANY HEALTH PROCEDURE, COMPLICATIONS MAY ARISE DURING TREATMENT. THESE COMPLICATIONS INCLUDE SORENESS, MUSCLE OR LIGAMENT STRAIN, DISLOCATIONS, FRACTURES, DISK INJURIES, OR PHYSIOTHERAPY BURNS. THESE ARE EXTREMELY RARE OCCURANCES. IT IS NOT UNCOMMON TO FEEL SLIGHT SORENESS FOLLOWING A TREATMENT, BUT PLEASE DO NOT HESITATE TO CALL WITH ANY CONCERNS.

CONSENT FOR TREATMENT

_____ I AUTHORIZE THE PERFORMANCE OF DIAGNOSTIC TESTS, PROCEDURES AND TREATMENT DEEMED NECESSARY BY PERSONNEL INVOLVED IN MY CARE.

ASSIGNMENT OF BENEFITS

_____ I ASSIGN TO BODYWISE CHIROPRACTIC PLLC ALL BENEFITS PAYABLE TO ME FOR MY CARE. I UNDERSTAND THAT GENERALLY THIS HEALTH CARE FACILITY WILL BE PAID DIRECTLY BY THE INSURANCE COMPANY OR OTHER PAYOR IF SO UTILIZED. THIS ASSIGNMENT WILL REMAIN IN EFFECT UNTIL REVOKED BY ME IN WRITING. A PHOTOCOPY OF THIS ASSIGNMENT IS CONSIDERED AS VALID AS THE ORIGINAL.

GUARANTEE OF PAYMENT

_____ I GUARANTEE PAYMENT OF ALL CHARGES INCURRED FOR TREATMENT IN ACCORDANCE WITH THE RATES AND TERMS OF THIS HEALTH CARE FACILITY.

NOTICE OF 24 HOUR CANCELLATION POLICY

_____ I UNDERSTAND IF I FAIL TO NOTIFY THE OFFICE OF A CANCELLATION LESS THAN 24 HOURS PRIOR TO MY SCHEDULED APPOINTMENT, I WILL BE CHARGED A \$25.00 CANCELLATION FEE. IF THIS OCCURS MORE THAN 3 TIMES, I MAY BE RELEASED FROM CARE DUE TO FAILURE TO COMPLY WITH MY TREATMENT PLAN AND COMPANY POLICY.

SIGNATURE OF PATIENT OR RESPONSIBLE PARTY

DATE

RELATIONSHIP TO PATIENT

REASON PATIENT IS UNABLE TO SIGN